

# Fuse Quarterly Research Meeting

*The booze, the binge and the bulge:*

*Eating and drinking patterns in young adults*

**3 May 2018, 9.30am – 1.00pm**

The Core, Science Central Newcastle upon Tyne, NE4 5TF

<b>Programme:</b>	
<b>09.30-10.00</b>	<b>Arrival and Registration</b>
10.00-10.10	Welcome from the Chair (Professor Ashley Adamson, Director of Fuse)
10.10-10.30	Sharon Hodgson MP: Shadow Minister for Public Health <i>Issues surrounding young adult's alcohol use and eating patterns from an MP's perspective.</i>
10.30-10.50	Dr Amelia Lake: Reader in Public Health Nutrition <i>Young people living in obesogenic and intoxicogenic environments</i>
10.50- 11.10	Dr Stephanie Scott: Senior Lecturer in Sociology, Teesside University <i>Exploring linked unhealthy eating and alcohol use in the social, emotional and cultural lives of 18-25 year-olds.</i>
<b>11.10</b>	<b>Refreshment break</b>
11.30-12.50	Workshop: Intervention Design  FORwaRD project: 'Obesity and Alcohol use: Is there a role for dually focused intervention in young adults (18-25) to tackle unhealthy eating and heavy drinking and effectively reduce future health inequalities?'  Cassey Muir, Newcastle University  Group discussions
12.50	Closing remarks (Professor Eileen Kaner, Newcastle University)
<b>13.00</b>	<b>Lunch</b>